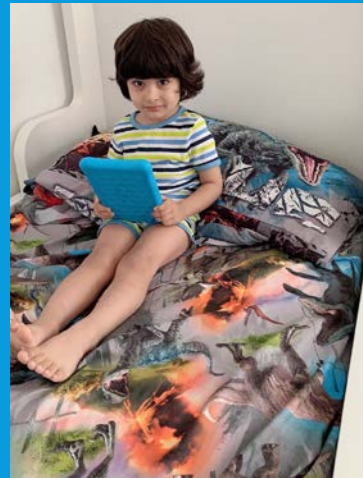


COVID-19

Reopen Plan & Team Training



REOPEN PLAN

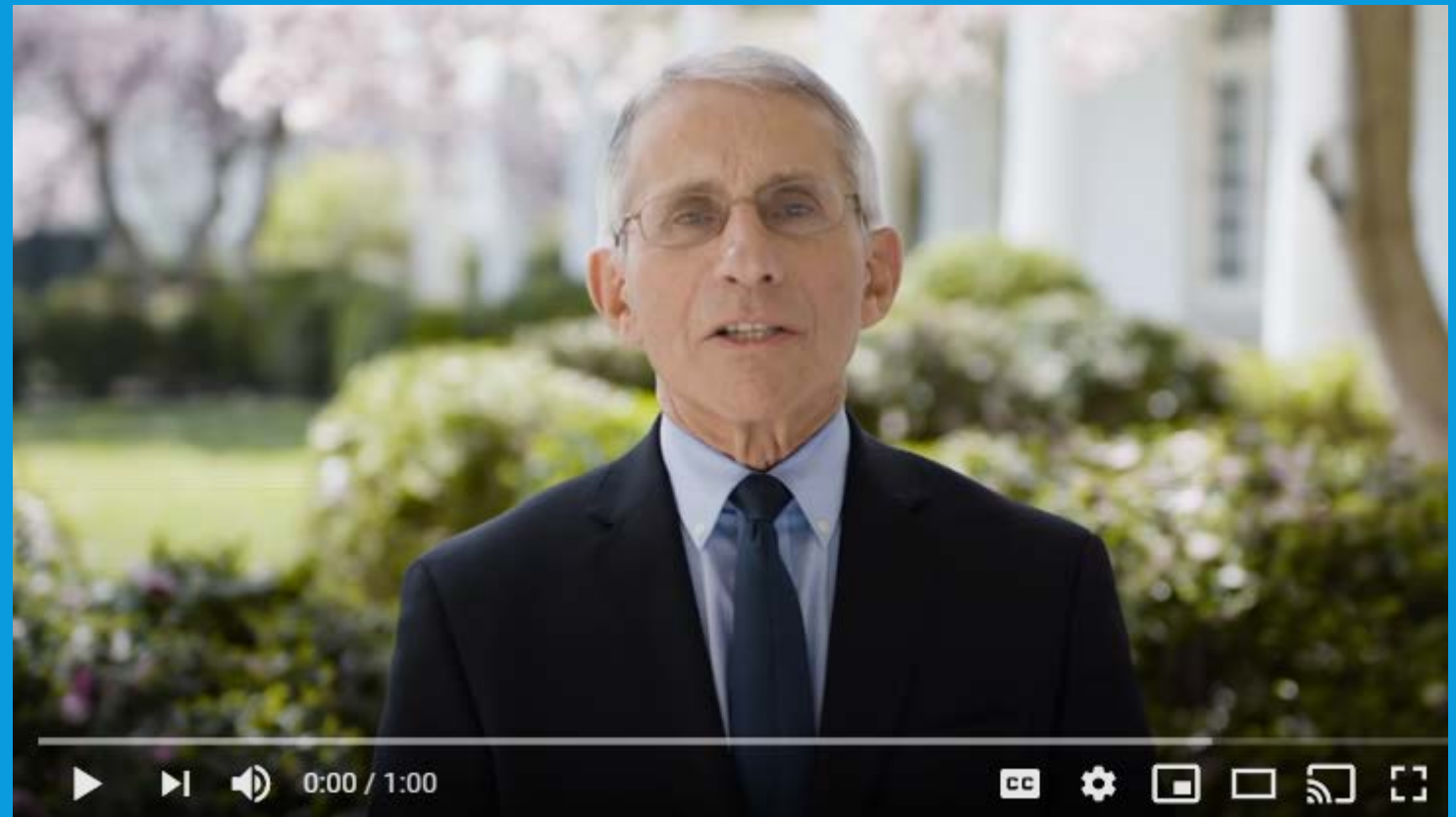
The Child & Family Network Centers is using guidance from the Virginia Department of Social Services (VDSS) which is closely monitoring the COVID-19 pandemic and all guidance that is being distributed to child care facilities at the federal level. VDSS recognizes that it will be very challenging for programs to remain open, given the circumstances and federal and state mandates. This is unprecedented and we are most concerned about the health and safety of families in your programs, staff, and the other individuals who come into contact with children from your program.

DAILY CHECKS

- Before coming into work:
 - Check your temperature – if you have a temperature over 100.4, do not come to work. You must stay home and can only come back after 72 hours of being temperature free.
 - Check your other symptoms
 - Bring your mask (provided by CFNC)

PHYSICAL DISTANCING

- At the CFNC office
- In the classroom



[What is Physical Distancing?](#)

PHYSICAL DISTANCE AT THE CFNC OFFICE

SUMMER 2020

- Always tell your supervisor your weekly schedule to go into the office
- If you have a shared workspace, only one person per workspace can be in each day
- If you have an office, close the door
- Wear a mask in all common areas – even moving to and from spaces in the office
- Not allowed in the classrooms during the day (with exception of teachers & students)
- Sanitize your space after you leave
- No eating together

IN THE CFNC CLASSROOM SUMMER 2020

WORK WITH REDUCED RATIOS

- Phase 1: 10 people per classroom space
- CFNC: closed
- Phase 2: State Directive: back to ration and up to 22 people per classroom if social distancing can be maintained.
- CFNC: Increased the square footage from 35 to 45 square feet per child (CDC recommendation) 12 people per Wheeler Classroom for the summer.

SAME GROUP OF CHILDREN AND TEACHERS EVERY DAY

ALTER OR HALT DAILY LARGE GROUP ACTIVITIES

STAGGER PLAYGROUND TIMES

- Limit the number of groups outside on the playground at one time so there are less people crossing paths.

MOVE COTS 6 FEET APART (IF POSSIBLE)

**ONLY CHILDREN AND STAFF ALLOWED
INSIDE THE CLASSROOMS**

STAGGER ARRIVAL AND PICK-UP TIMES

TAKE TEMPERATURES UPON ARRIVAL

WEAR MASKS

- Everyone should have one
- Everyone should have access to a mask
- For Phase 2 requirements: Adults entering a childcare facility (or any business) must wear a mask.
- Best Practices: Teachers and children over 2 should wear masks when they are not able to maintain physical distancing of 6 feet
- We reserve the right to ask a parent to leave if they do not wear a mask

FACE COVERINGS



- Each CFNC team member will receive 2 masks to wash every other day
- Additional Information
 - [Recommendation Regarding the Use of Cloth Face Coverings, Especially in Areas of Significant Community-Based Transmission](#)
 - [How to make and wear a cloth face covering](#)

FAQ FOR CLASSROOMS

HOW CAN CFNC PROMOTE PHYSICAL DISTANCING WITH YOUNG CHILDREN AND KEEP CHILDREN 6 FEET APART?

- Implement small group activities and encourage individual play/activities.
- Physically rearrange the room to promote individual play.
- Stagger recess, and play outside one classroom at a time.
- Keep the same small group of children together throughout the day, do not combine groups (e.g., at opening and closing). To the degree possible, maintain the same groups from day to day. This will help reduce potential exposures and may prevent an entire program from shutting down if exposure does occur.
- Alter programming to increase distance between children, such as allowing only one classroom of children outside at a time. Spread children out within the classroom.

HOW DOES CFNC KEEP ADULTS AND CHILDREN 6 FEET AWAY FROM EACH OTHER?

- Social distancing should be practiced to the maximum extent while still allowing for the care of children. We understand that staff need to be in close proximity to children when providing care, but programs should keep children apart from each other and limit physical proximity as best as they are able.
- Encourage all adults to stay 6 feet away from each other, including staff and parents, using signage and other reminders.

HOW DOES CFNC FEED CHILDREN SEPARATELY IN THE CLASSROOMS?

- Eliminate family style meals or have employees (not children) handles utensils and serve food to reduce spread of germs.

HOW WILL ADULTS DROP OFF AND PICK UP THE CHILDREN?

- Hand hygiene stations should be set up at the entrance of the facility, so that children can clean their hands before they enter. If a sink with soap and water is not available, provide hand sanitizer with at least 60% alcohol next to parent sign-in sheets. Keep hand sanitizer out of children's reach and supervise use. If possible, place sign-in stations outside, and provide sanitary wipes for cleaning pens between each use.
- Consider staggering arrival and drop off times and plan to limit direct contact with parents as much as possible.
- Have child care providers greet children outside the classroom as they arrive.
- Ideally, the same parent or designated person should drop off and pick up the child every day. If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children, because they are more at risk for severe illness from COVID-19.

OTHER QUESTIONS?

INFECTION CONTROL AND SANITATION PRACTICES

HAND HYGIENE AND HANDWASHING



[Wash your hands](#)

PRACTICE HAND HYGIENE

- All children, staff, and volunteers should engage in hand hygiene at the following times:
 - Arrival to the facility and after breaks
 - Before and after preparing food or drinks
 - Before and after eating or handling food, or feeding children
 - Before and after administering medication or medical ointment
 - Before and after diapering
 - After using the toilet or helping a child use the bathroom
 - After coming in contact with bodily fluid
 - After handling animals or cleaning up animal waste
 - After playing outdoors or in sand
 - After handling garbage

CLEANING AND DISINFECTION

- Clean and disinfect common use/frequently touched surfaces every two hours (must happen in classroom too)
- Deep clean by cleaning partners each night

KEY POINTS

- As a community, we will be practicing physical distancing and adults will wear masks when physical distancing is not feasible.
- We will limit our capacity to 22 individuals per room, including staff. OR based on the phase we are in from the State.
- Adults (including families and staff) and children will be screened and have temperature taken at least once daily.
- Children with a temperature above 100.4 will not be allowed to stay in school. To return to school, a child must be 72 hours fever free with no fever reducing medicine taken.
- We are following strict health and hygiene regulations to keep everyone healthy (details in the following pages.)
- Only the teachers may be in the classrooms. Drop off and pick ups will be in the hallways. (See information for each classroom)
- Anyone who does not adhere to these rules, may be asked to leave the CFNC classroom for the day.
- If you or your child come into contact with someone with COVID 19, self-quarantine for 14 days before returning to CFNC.

ADDITIONAL RESOURCES

[Symptoms of Coronavirus](#)

[Forward Virginia](#)

[Disinfectants for Use Against SARS-CoV-2](#)

More Resources:

<https://www.dss.virginia.gov/geninfo/corona.cgi>

<https://www.dss.virginia.gov/cc/covid-19.html>

https://www.dss.virginia.gov/cc/downloads/office_of_early_childhood_covid19_faqs.pdf

Links to Videos

[What is Social Distancing? En Español](#)

[How to Make and Use a Cloth Face Covering](#)

[Wash your hands](#)



THE
CHILD &
FAMILY
NETWORK
CENTERS

**thank
you**